	• What's						
Cha	atfield Lunch Me	nu,Chartwells S June 2024	School Dining S	Services Price: Free			
Monday	Tuesday	Wednesday	Thursday	Friday			
Join us for the Summer Feeding Program- Free Meals When School Is Out.							
L	ZEMMER 8/9 CAMPUS 1920 Oregon Rd reakfast: 8:15 AM – 8:45 AM unch: 11:30 AM – 12:30 PM Monday – Friday June 17 – August 9 th (No service July 4 th & 5th)	Drumstick Lapeer District Library 921 W. Nepessing St. Lunch: 12 PM – 12:30 PM Tuesdays & Thursdays June 18th – August 8 th (No Service July 4 th)	Lapeer Community Center 880 S. Saginaw St. Breakfast: 8:15 AM – 8:45 AM Lunch: 11:30 AM – 12:30 PM Monday – Friday June 17 th – August 9 th (No service July 4 th & 5th)	sh Orange Wedges Choice of Milk			
3 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk W1	4 French Bread Pizza Seasoned Black Beans Fresh Baby Carrots Chilled Diced Pears Choice Of Milk	5 Brunch for Lunch Pancakes Sausage Patty Seasoned Carrots Michigan Grown Apple Choice of Milk	6 Bosco Sticks or Dunkers Fresh Baby Carrots Diced Peaches Choice of Milk	7 Olympics Day			
10 Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk w2	11 Hamburger on WG Bun Tater Tots Fres ½ Day mots Chilled Diced Pears Choice of Milk	12 Chicker Vegetari Cuct Michiga Ch	13 MMER ATION	14 hch Bread Pizza Delery Sticks Orange Wedges Choice of Milk			
			23 Pizza Crunchers Fresh Baby Carrots Diced Peaches Choice of Milk				



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Tuesday	Wednesday	Thursday	Friday
<u>Choose 2</u> Bug Bites Graham Crackers	Choose 2 WG Blueberry Muffin	<u>Choose 2</u> Cinnamon Goldfish Grahams	<u>Choose 2</u> Scooby-Doo Graham Stix
Cereal Variety	Cereal Bar	Cereal Variety	Cereal Variety
Cereal Bar Variety	Variety	Cereal Bar Variety	Cereal Bar Variety
Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Trix Yogurt	Trix Yogurt	Trix Yogurt	Trix Yogurt
<u>Must take a</u> Juice or Fruit	<u>Must take a</u> Juice or Fruit	<u>Must take a</u> Juice or Fruit	<u>Must take a</u> Juice or Fruit
<u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Optional</u> Milk, Skim, 1% or Chocolate
	Choose 2 Bug Bites Graham Crackers Cereal Variety Cereal Bar Variety Nutra Grain Bar Variety Cheese Stick Trix Yogurt <u>Must take a</u> Juice or Fruit Optional Milk, Skim, 1% or	Choose 2 Bug Bites Graham CrackersChoose 2 WG Blueberry Muffin Cereal VarietyCereal VarietyCereal VarietyCereal Bar VarietyCereal Bar VarietyNutra Grain Bar VarietyNutra Grain Bar VarietyCheese StickCheese StickTrix YogurtTrix YogurtMust take a Juice or FruitMust take a Juice or FruitOptional Milk, Skim, 1% orOptional Milk, Skim, 1% or	Choose 2 Bug Bites Graham CrackersChoose 2 WG Blueberry Muffin Cereal VarietyChoose 2 Cinnamon Goldfish GrahamsCereal VarietyCereal VarietyCereal VarietyCereal Bar VarietyCereal Bar VarietyCereal Bar VarietyNutra Grain Bar VarietyNutra Grain Bar VarietyNutra Grain Bar VarietyCheese StickCheese StickCheese StickTrix YogurtTrix YogurtTrix YogurtMust take a Juice or FruitMust take a Juice or FruitMust take a Juice or FruitOptional Milk, Skim, 1% orOptional Milk, Skim, 1% orOptional Milk, Skim, 1% or

Student will choose 2 breakfast items **<u>AND</u>** a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

This institution is an equal opportunity provider.